



Sir Wilfrid Laurier Elementary Monthly Gardening Guide

Adjusted from: Stevens, Elaine et al. 2000. The new twelve month gardeners: a west coast guide.

July

- Harvest vegetables and continue sowing arugula, beets, broccoli, Brussels sprouts, broad beans, bush beans, cabbage, carrots, collards, green onions, kale, lettuce, peas, radishes, scallion, spinach, Swiss chard, turnips.
- Transplant leeks and start winter vegetables, such as: winter cauliflower and purple sprouting broccoli. *
- Continue feeding vegetables and water them regularly.
- Cut herbs for freezing and drying.

August

- Keep sowing winter vegetables, arugula, beets, broccoli, cabbage, carrots, cauliflower, cilantro, collards, kale, snow peas, radishes, scallions, spinach, Swiss chard, turnips and Chinese vegetables up to mid August. *
- Transplant leeks.
- Cut raspberry canes that have finished fruiting to ground level, and tie new canes to supports.
- Continue to collect herbs for drying.

September

- Keep harvesting vegetables.
- Pull up tomato plants by the end of the month. Unripened fruit will ripen indoors.
- Continue sowing winter vegetables, arugula, beets, cilantro, collards, kale, lettuce, snow peas, radishes spinach, Swiss chard, and turnips. *
- Transplant leeks.
- Sow onion seeds for spring.

October

- Build/assemble hoop houses.
- Keep harvesting vegetables, and make final sowing /transplant of lettuce in beds or in hoop houses.
- Take final cuttings of herbs, such as lavender, and rosemary. Keep cuttings indoor for the winter.
- Divide clumps of chives, and pot up young plants of mint, chives and parsley for indoor use.
- Cultivate and enrich soil in area you plan to sow in spring.
- Sow garlic, fava bean, shallots and overwintering onions.
- Transplant leeks

November

- Cultivate soil as areas become vacant in preparation for planting early in the year.
- Sow garlic, fava bean, shallots and overwintering onions.
- Mulch vegetables and herbs before weather turns cold (frost).
- Ventilate hoop houses in mild weather .
- Water hoop houses (water soil, not plants).

December

- Plan vegetable garden and start ordering seeds.
- Ventilate hoop houses in mild weather.
- Water hoop houses.

January

- Plan the vegetable and herb garden.
- Order seeds from catalogues.
- Sow lettuce, cabbage, cauliflower and early greens indoors or in hoop houses towards the end of the month.
- Ventilate cloches in mild weather.
- Water hoop houses.



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February

- Prepare vegetable beds by working in plenty of compost.
- Sow annual herbs in seed flats, and sow parsley outdoors.
- Plant early salad crops (arugula, collards, kale, lettuce, spinach) in hoop houses, and radishes, spinach, turnips and shallots can be sown outdoors at the end of the month.
- Ventilate hoop houses in mild weather.
- Water hoop houses.

March

- Early March, begin to sow outdoors/ transplant arugula, beets, broccoli, cabbage, cauliflower, cilantro, lettuce, onions, peas, radishes, spinach and turnips.
- Mid March, begin successive outdoor sowing/ transplant of carrots, collards, kale, leeks, peas, radishes, spinach, lettuce, onion sets, turnips and shallots.
- Sow tomatoes indoors.
- Plant new strawberry plants.
- Sow seeds of annual herbs, and prune established herbs such as sage, and thyme if they become leggy.

April

- Early April, plant early potatoes, green onion, bulb onion, kohlrabi, cabbage and leeks.
- Mid April, sow beets, carrots, Swiss chard, broccoli, cauliflower, parsnip, kale, and lettuce.
- Set out earlier-sown vegetables from the hoop houses.
- Sow zucchini, cucumbers and tomatoes indoors in a sunny window or in hoop house nursery.
- Keep the vegetable garden well weeded, and keep a lookout for signs of pests and diseases.

May

- Continue successive sowing of lettuce, carrots, spinach, radishes, bush beans, pole beans, peppers and potatoes.
- Start indoor sowing winter crops of cauliflower, broccoli, Brussels sprouts, cabbages and pumpkins. *
- Start main crop of potatoes.
- Plant asparagus.
- Feed tomato plants, remove side shoots and plant out after the middle of the month.
- Also plant out peppers, eggplants and squash, including zucchini.
- Sow corn, cucumber and squash at the end of the month. Sow corn in blocks for better pollination.
- Keep the vegetable garden well weeded, and keep a lookout for signs of pests and diseases.
- Slugs are a particular problem with tender young seedlings.
- Cut off strawberry runners.
- Take cuttings of rosemary, sage and thyme.
- Remove and store hoop houses by Victoria Day.

June

- Plant out tomatoes, zucchini, cucumbers.
- Continue to direct sow lettuce, carrots, spinach and radish.
- Sow turnip and NZ spinach
- Keep vegetable garden well watered, weeded and watch for signs of pests and diseases.
- Continue to nip-out side shoots of single stemmed varieties of tomatoes, and support with trellis.
- Continue indoor sowing winter vegetables. Start late cole crops. *
- Cut off flowers of chives to encourage new foliage.



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Source: Seattle Tilth Association 2014. Maritime Northwest Garden Guide

planting and harvesting calendar

plant name	jan		feb		mar		apr		may		jun		jul		aug		sep		oct		nov		dec	
	H2	H2	H2	P1	H2	P1	H2	P1	H2	P1	H1	H1	H1	H1	P2	P2	H2	H2	H2	H2	H1	H1	H2	H2
Arugula	H2	H2	H2	P1	H2	P1	H2	P1	H1	H1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Asian Greens	H2	H2	H2	P1	H2	P1	H2	P1	H1	H1	H1	H1	H1	H1	P2	P2	H2	H2	H2	H2	H2	H2	H2	H2
Beans, Bush									P1	P1	P1	P1	P1	P1	H1	H1								
Beans, Fava																								
Beans, Pole									P1	P1	P1	P1	H1	H1	H1	H1								
Beans, Runner									P1	P1	P1	P1	H1	H1	H1	H1								
Beets	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Broccoli	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Brussels Sprouts	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Cabbage	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Carrots	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Cauliflower	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Cilantro									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Collards	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Cucumbers									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Eggplant (T)									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Garlic									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Ground Cherry (T)									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Kale	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Leeks (T)	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Lettuce	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Onions (T)									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Parsnips									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Peas, Snow									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Peas, Snap, Shelling, Dry									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Peppers (T)									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Potatoes									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Pumpkins									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Radishes	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Rutabagas									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Scallions	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Spinach	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Squash, Summer									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Squash, Winter									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Swiss Chard	H2	H2	H2	P1	H2	P1	H2	P1	P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Tomatillos (T)									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Tomatoes (T)									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2
Turnips									P1	P1	H1	H1	H1	H1	P2	P2	H2	H2	P2	P2	H2	H2	H2	H2



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COOL SEASON VEGETABLES LIST (Spring & Fall)

TRANSPLANTS (indoors)	DIRECT SEEDING (outdoors)
<u>ROOT & BULB</u> Beets (9) Leeks (12) Scallions (16) <u>LEAF & STEAM</u> Arugula (4) Broccoli (1) Cauliflower (1) Cabbage (1) Celery (9) Collards (4) Endive (5) Kale (1) Kohlrabi (5) Lettuce (5) Pak choy (4) Spinach (9) Swiss chard (1) <u>HERBS</u> Mint (1) Oregano (1) Parsley (5)	<u>ROOT & BULB</u> Carrots (16) Green onions (16) Garlic (4) Radishes (16) Turnips (9) <u>FRUIT & SEED</u> Peas Sugar snap (9)

(#) number of plants per square foot